

Drippings of Grace Ministries

Rev. Dr. Lisa Renee Sherman

Communion Meditation: A Table for All

As we come to the Lord's Table today, I invite us to pause and consider not only **what this meal means**, but also **who it includes**.

In Luke 14, Jesus tells a parable about a banquet. The invited guests made excuses, so the host sent servants to bring in "the poor, the crippled, the blind and the lame." Then he told them to go out again—to the roads and country lanes—to compel *everyone* to come, "so that my house will be full."

That's the kind of table we come to in Communion.

It's not a table set by human standards—where worthiness is measured by background, appearance, success, or social standing. This is Christ's table. It's for those who are broken, searching, doubting, rejoicing, repenting—and trusting in Jesus.

Paul reminds us in Galatians 3:28 that, in Christ, "There is neither Jew nor Gentile, slave nor free, male nor female, for you are all one in Christ Jesus." And we might say today: *There is neither insider nor outsider, citizen nor immigrant, wealthy nor poor, able-bodied nor disabled, for all are welcome at the cross—and all are welcome here.*

The bread we break is Christ's body, given for *all*. The cup we share is His blood, poured out for the forgiveness of *sins*—not just yours or mine, but for the whole world.

So, as we take Communion today, let's remember: **We don't earn our place here. We are invited. We are included. And so is the person next to us.**

Let's come with gratitude. Let's come with humility. And let's come as one body, united in Christ.