

Drippings of Grace Ministries

Rev. Dr. Lisa Renee Sherman

Benediction on Acceptance

May you find rest in the truth of this moment.
May your heart unclench, releasing what cannot be changed.
Let every breath remind you:
you are not what you carry, nor what you fear to face.

May you meet yourself with mercy,
and the world with courage shaped by grace.
Not all things must be understood to be accepted.
Not all storms require resistance.

Go now, not in defeat, but in deep peace—
the kind that comes from letting go,
and still choosing to love.

Amen.