

# *Drippings of Grace Ministries*

Rev. Dr. Lisa Renee Sherman

## **Communion Meditation: Acceptance at the Table**

As we come to the Lord's Table, we are reminded that communion is not just about remembering Christ's sacrifice—it's also about recognizing the deep and wide acceptance of God's love.

Jesus, on the night He was betrayed, took bread and wine and offered it not to the perfect, not to the religious elite, but to a group of flawed, fearful, doubting disciples. Among them sat Peter, who would deny Him. Thomas, who would doubt Him. And Judas, who would betray Him.

And yet—Jesus offered them all the same bread. The same cup.

This table is a place of **radical acceptance**. Not because we have proven ourselves worthy, but because Christ has made us belong through His grace.

Romans 15:7 says:

**“Accept one another, then, just as Christ accepted you, in order to bring praise to God.”**

Acceptance doesn't mean God ignores our sins or our struggles. It means He sees all of who we are—and still invites us close.

So today, as we take the bread and the cup, let's reflect on what it means to be accepted—not for who we wish we were, but for who we truly are, by a Savior who gave everything so we could belong.

Let us eat and drink, remembering that we are welcomed, wanted, and loved at this table.